## Team Application Exercise: Behavioral Tendencies - Natural

Meet as a team to complete this exercise. Suggested time: 15-30 minutes.

## Debrief: Discuss the following items as a group

- What are the top three scores? These are the behaviors that this team exhibits M OST.
- What are the bottom three scores? These are the behaviors that this team exhibits LEAST.
- What implications do these scores have for the team? What are the strengths and weaknesses?
- Do any individuals exhibit highs and/or lows that are opposite from the overall team highs and lows? Who? How might these individuals be regarded by the team? How might these individuals perceive the team's approach and/or effectiveness?
- Are there any "ground rules" that the team should consider following as a group in the future, given what has been discussed?

| TEAM MEMBER |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Claire | Bruce | 14 | 12 | 41 | 39 | 23 | 52 | 48 | 77 | 59 | 61 | 86 | 87 |
| Estelle | Chout | 67 | 79 | 58 | 70 | 59 | 39 | 61 | 41 | 41 | 30 | 33 | 21 |
| Belinda | Colubriale | 20 | 21 | 36 | 37 | 34 | 48 | 52 | 66 | 64 | 62 | 80 | 79 |
| Claire | Gorman | 47 | 37 | 73 | 64 | 23 | 59 | 41 | 77 | 27 | 36 | 53 | 62 |
| Savannah | Peters | 56 | 55 | 83 | 82 | 23 | 51 | 49 | 77 | 17 | 18 | 44 | 45 |
| Team Average |  | 41 | 41 | 58 | 58 | 32 | 50 | 50 | 68 | 42 | 41 | 59 | 59 |
| Team Median |  | 47 | 37 | 58 | 64 | 23 | 51 | 49 | 77 | 41 | 36 | 53 | 62 |

## Intensity Scoring Legend

HIGH INTENSITY
HIGH MODERATE
MODERATE INTENSITY
LOW MODERATE
LOW INTENSITY

- High Intensity - High Intensity scores will be clearly observable, displayed more often and seen in most situations.
- High Moderate - High Moderate Intensity scores are frequently observable in many situations.
- Moderate Intensity - Moderate Intensity scores do not mean "mild." Moderate means the behavior is flexible and may or may not become observable based upon the requirements of the specific situation.
- Low Moderate - Low Moderate Intensity scores are only SOMETIMES observable in SOME situations.
- Low Intensity - Low Intensity scores indicate the ABSENCE of this behavior in MOST situations.


## Team Application Exercise: Behavioral Tendencies - Adapted

Meet as a team to complete this exercise. Suggested time: 15-30 minutes.

## Debrief: Discuss the following items as a group

- What are the top three scores? These are the behaviors that this team exhibits MOST.
- What are the bottom three scores? These are the behaviors that this team exhibits LEAST.
- What implications do these scores have for the team? What are the strengths and weaknesses?
- Do any individuals exhibit highs and/or lows that are opposite from the overall team highs and lows? Who? How might these individuals be regarded by the team? How might these individuals perceive the team's approach and/or effectiveness?
- Are there any "ground rules" that the team should consider following as a group in the future, given what has been discussed?

| TEAM MEMBER |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Claire | Bruce | 37 | 34 | 59 | 55 | 29 | 54 | 46 | 71 | 41 | 45 | 62 | 66 |
| Estelle | Chout | 57 | 67 | 66 | 76 | 41 | 40 | 60 | 59 | 34 | 24 | 43 | 33 |
| Belinda | Colubriale | 30 | 34 | 45 | 48 | 36 | 46 | 54 | 64 | 55 | 52 | 70 | 66 |
| Claire | Gorman | 48 | 39 | 66 | 57 | 32 | 59 | 41 | 68 | 34 | 43 | 52 | 61 |
| Savannah | Peters | 63 | 50 | 86 | 73 | 27 | 63 | 37 | 73 | 14 | 27 | 37 | 50 |
| Team Average |  | 47 | 45 | 64 | 62 | 33 | 52 | 48 | 67 | 36 | 38 | 53 | 55 |
| Team Median |  | 48 | 39 | 66 | 57 | 32 | 54 | 46 | 68 | 34 | 43 | 52 | 61 |

Intensity Scoring Legend
HIGH INTENSITY HIGH MODERATE

MODERATE INTENSITY LOW MODERATE LOW INTENSITY

- High Intensity - High Intensity scores will be clearly observable, displayed more often and seen in most situations.
- High Moderate - High Moderate Intensity scores are frequently observable in many situations.
- Moderate Intensity - Moderate Intensity scores do not mean "mild." Moderate means the behavior is flexible and may or may not become observable based upon the requirements of the specific situation.
- Low Moderate - Low Moderate Intensity scores are only SOMETIMES observable in SOME situations.
- Low Intensity - Low Intensity scores indicate the ABSENCE of this behavior in MOST situations.

